### PRIMARY SCHOOL MENU 2025 - 26

WEEK

## Z 2

#### Monday

(V)CHEESE & TOMATO PIZZA

(V) HERBY TOMATO PASTA
POTATO WEDGES
COLESLAW &
VEGETABLE STICKS

FRUIT MUFFIN & 1/2 BANANA OR FRUIT

#### Tuesday

(GF) PORK MEATBALLS
(V) VEGETARIAN SAUSAGE
GRAVY
CREAMED POTATOES
OR PASTA
BROCCOLI & SWEETCORN

APPLE & PEACH OATY CRUMBLE & CUSTARD OR FRUIT

#### Wednesday

ROAST TURKEY
(V) QUORN FILLET
STUFFING & GRAVY
CARROTS & SWEDE
ROAST OR
CREAMED POTATOES

CHOCOLATE KRISPIE &
ORANGE WEDGE
OR FRUIT
MILK

#### **Thursday**

CHICKEN KORMA
(V) VEGETABLE KORMA
RICE & NAAN BREAD
PEAS & SWEETCORN

YOGURT & FRUIT WEDGES OR FRUIT

#### Friday

FISH FINGERS
(V) FISHLESS FINGERS
BEANS
SALAD
CHIPS

FRUIT FLAPJACK & FRUIT WEDGES
OR FRUIT

#### Week 1

01.09.2523.02.2622.09.2516.03.2613.10.2513.04.2610.11.2505.05.2601.12.2501.06.2605.01.2622.06.2626.01.2613.07.26

#### Monday SAUSAGE

SAUSAGE
(V) VEGETARIAN SAUSAGE
POTATO WEDGES
BAKED BEANS & SALAD

YOGURT & FRUIT PIECES OR FRUIT

#### **Tuesday**

CHICKEN PASTA BAKE
(V) TOMATO PASTA BAKE
SALAD & PEAS
BEETROOT
GARLIC BREAD

OATY BISCUIT & FRUIT PIECES OR FRUIT MILK

#### Wednesday

ROAST BEEF OR LAMB
(V) QUORN FILLET
YORKSHIRE PUDDING
GRAVY
ROAST OR BOILED
POTATO AND GRAVY
CARROTS & PEAS

ARTIC ROLL & PEACHES
OR FRUIT

#### **Thursday**

PORK & STUFFING PIE (V) MAC N CHEESE BROCCOLI & CABBAGE CREAMED POTATO GRAVY

RICE PUDDING WITH MIXED BERRIES OR FRUIT

#### **Friday**

(GF)BUBBLECRUMB SALMON
OR FISH STAR
(V) FISHLESS FINGERS
PEAS & SALAD
CHIPS

FRUIT YOGURT & APPLE PIECES OR FRUIT

#### Week 2

08.09.25 02.03.26 29.09.25 23.03.26 20.10.25 20.04.26 17.11.25 11.05.26 08.12.25 08.06.26 12.01.26 29.06.26 02.02.26

# WEEK 3

#### Monday

CHICKEN GOUJONS
(V) VEGETABLE NUGGETS
POTATO WEDGES
BAKED BEANS & SALAD

CHOCOLATE &
PEAR SPONGE
CHOCOLATE CUSTARD
OR FRUIT

#### **Tuesday**

LASAGNE OR
BEEF BOLOGNESE
(V) SOYA BOLOGNESE
PASTA
PEAS & SWEETCORN
GARLIC BREAD

FRUIT JELLY & ICE CREAM OR FRUIT

#### Wednesday

ROAST PORK &
APPLE SAUCE
(V) QUORN FILLET
ROAST OR
CREAMED POTATO
CARROT AND BROCCOLI
GRAVY
CHEESE & CRACKERS
& APPLE PIECES
OR FRUIT
MILK

#### Thursday

CHICKEN TIKKA
OR CASSEROLE
(V) VEGETABLE TIKKA
OR CASSEROLE
RICE & NAAN BREAD
SWEETCORN &
VEGETABLE STICKS

YOGURT & RAISINS OR FRUIT

#### Friday

(GF) POLLOCK BITES
OR BREADED SALMON FILLET
(V) CHEESE OMLETTE
PEAS & SALAD
CHIPS

FRUITY MUFFIN OR FRUIT

#### Week 3

15.09.2509.02.2606.10.2509.03.2603.11.2530.03.2624.11.2527.04.2615.12.2518.05.2619.01.2615.06.2606.07.26



JACKET POTATOES WITH ONE FILLING ARE OFFERED AS AN ALTERNATIVE **ONLY** WHEN THE MAIN MEAL IS NOT SUITABLE.

The Gwynedd Primary School Menu complies with the Healthy Food In Schools Regulations 2013. (Nutritional Standards and Requirements Wales) It has been approved by the Welsh Government Associations School food Co-ordinator. A fresh drink of water is available to all at lunchtime. Fruit is available every day as an alternative to a pudding. Bread (without spread) is available every day. We prepare food from the original ingredients. Special diets are catered for please contact the school cook. Allergen information is available at your child's school kitchen for every item on the menu.



